



Montclair Public Schools

COVID-19 Guidance for Staff and Students (Updated April 30, 2021)

This information is subject to change as guidelines are updated from NJDOH/CDC

Scenarios	Actions
<p>Low-risk symptoms: sore throat, headache, nausea, *vomiting, *diarrhea, fatigue, runny nose, muscle ache, chills (no fever) (Two of these symptoms)</p> <p>No exposure, history of close contact, potential exposure, recent travel</p> <p>*Vomiting and/or diarrhea – will be sent home (similar to pre-Covid-19), unless in the nurse’s judgement, these symptoms are due to migraine, menstrual cycle or food allergy.</p>	<p>Students and staff must stay home or be sent home if they have TWO of these COVID-19 compatible symptoms.</p> <p>May not return to school until they have either received:</p> <ul style="list-style-type: none">• A negative COVID test (viral or antigen) presented and pre-approved by the school nurse (HR for staff member), OR• Completed an isolation period of at least 10 days since symptom onset and at least 24 hours after resolution of a fever without fever-reducing medications. <p>A purely clinical alternative diagnosis (doctor’s note) will NOT be accepted without fulfilling either of the above NJDOH mandates.</p>
<p>High-risk symptom (s): fever above 100 degrees, cough, SOB, difficulty breathing, new olfactory disorder, new taste disorder (One symptom)</p>	<p>Students and staff must stay home or isolate in the nurse’s office and be sent home with ONE of these symptoms..</p> <ul style="list-style-type: none">• May not return to class.• Belongings should be sent to nurse’s office.• May not return to school until they have either received a negative COVID-19 test (viral or antigen) presented and pre-approved by the school nurse (HR for staff member) OR have completed an isolation period of at least 10 days since symptom onset and at least 24 hours after resolution

	<p>of a fever without fever-reducing medications.</p> <p>A purely clinical alternative diagnosis (doctor’s note) will NOT be accepted without fulfilling either of the above NJDOH mandates.</p>
<p>Siblings of a student who has symptoms and meets COVID-19 the aforementioned exclusion criteria will be excluded from school until the symptomatic individual receives a negative test result. If the symptomatic individual tests positive, the sibling will need to self-quarantine for 10 days without COVID testing or 7 days with negative COVID testing collected between days 5 and 7.</p>	
<p>All COVID-19 positive students and staff</p>	<p>Must stay home for a minimum of 10 calendar days, have been asymptomatic without analgesics for a minimum of 24 hours and have a clearance letter from healthcare provider submitted and pre-approved by the school nurse (HR for staff members)</p>
<p>Out-of-state and out-of-country travel is discouraged.</p>	<p>All non-vaccinated students or staff members who travel out-of-country or out-of-state outside the immediate region (NY, CT, PA, DE) are required to quarantine. Follow either option below.</p> <p>Option 1: Negative COVID-19 Test 3-5 days after travel. Stay home and quarantine for a full 7 days after travel, even if the post-travel COVID test is negative.</p> <p>Option 2: If not tested after travel, stay home and self-quarantine for 10 full days *</p> <p>Compliance is expected. Please notify building principal (staff members also notify HR). Fully vaccinated individuals (2 weeks past 2nd Pfizer or Moderna vaccine or 2 weeks past single dose J & J vaccine) do not need to quarantine.</p> <p>Travelers who have clinically recovered from Covid-19 in the past three months do not need to quarantine.</p> <p>* International travelers (vaccinated or not) are required to have a viral COVID-19 test 3-5 days after travel. Non-vaccinated travelers must follow</p>

	quarantine guidelines. Vaccinated travelers must test, but do not have to quarantine if COVID-19 test is negative.
<p>Close contact (as defined by CDC) of staff or student with COVID-19 or to someone who has COVID-19 compatible symptoms (two low- or one high-risk symptom)</p> <p>* Close contact is defined by CDC as someone who was within six feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from two days before illness onset (or, for asymptomatic patients, two days prior to test specimen collection) until the time the individual is isolated.</p>	<p>Close contacts of a COVID-19 case (or compatible symptoms) are quarantined for 10 days without COVID testing or 7 days with negative COVID testing between days 5 and 7 from the date of last contact. Close contacts of an individual with COVID-19 compatible symptoms are excluded for 14 days from date of last contact, or until the individual with symptoms tests negative for COVID-19.</p> <p>Asymptomatic fully vaccinated individuals are not required to quarantine.</p>

Students or staff who return without the aforementioned clearance documentation will be isolated and sent home.

All students who are home ill may switch to remote learning if well enough to participate. Please contact your child's teacher as well as the absentee hotline, principal and school nurse.